

ODDs & EVENs Patterns

The following tables show examples of patterns divided into ODDs and EVENs. This is by no means a comprehensive or complete listing of ALL possible step patterns. However, most other patterns are derived from these basics. Some examples of variations are also provided.

In considering a new pattern to incorporate into your choreography, it is most helpful to ask 2 questions:

What is the base move?
Is it ODD or EVEN?

Why know the base move?

In teaching a multi-level class, it is beneficial to start any variation with the basic move and transition into the variable. This allows a greater percentage, with primary consideration to new participants in your class, the option to work the basic movement patterns.

Not that all participants need a base move, but keep in mind that building a combination and breaking it down is also a part of the workout. Repeated elements allow for 2 things: advanced participants can work and the less practiced can practice.

However, there will be times when figuring out a "base move" only complicates matters. What is most important in teaching an element is that you allow people who are new to the pattern to repeat it several times in order to establish neuromuscular pathways.

Why know if it's odd or even?

Combining odd and even patterns, as described in the previous pages, will result in patterns that will EITHER self reverse OR STAY ON THE SAME LEAD.

SELF REVERSING PATTERNS will balance your workout between leads right and left. When TIFTTing, ODD numbers of self reversing combos will reverse ALL PATTERNS on the opposite lead. EVEN NUMBERS OF PATTERNS will repeat the entire sequence on the SAME LEAD. However, an EVEN pattern can be added as an insert to make an EVEN number of patterns self reverse!

To summarize:

Even numbers of odds will be even
Odd numbers of odds will be odd

Chart of ODDs and EVENs

CTs	ODDs – changes lead	EVENs – same lead	Variations
4		Basic	Basic Lunge: Up, Up, lunge 2, down, down = 2 basics / 8 cts Mambos - on step and behind on the floor
4		V-Step	X step: V up, turn to back, V on the floor = 2 V's / 8 cts V rock: on top 8 cts

Learn to Teach Step – ODDs & EVENS Chart

CTs	ODDs – changes lead	EVENS – same lead	Variations
4	Lift Step		Knee, kick, abduct or curl - naturally changes leads with a travel Hop turns Alternating knee straddles Corner mambo, mambo back on the floor Kick walk back kick
8	L-Step		Any levers, naturally changes lead with travel L - jazz L - mambo Power squat off the end, 2 pendulums on top
8	Repeater 3		Any levers, naturally changes lead with travel
4	Turn Step		Shuffle turns 6 count turn with back mambo
4	Over the Top		Revolving door - travel to change lead instead of tap Weave - removes taps
4	Across the top		Revolving door - travel to change lead instead of tap.
4		Straddle Ups and Straddle Downs	
2	Lunges		
8	2 knee repeater march 4		

Transitional Patterns

CTs	ODDs	EVENS	Apply to:
	Travels - used to change leads or replace taps		Common patterns that naturally travel: Lift steps L - Steps Repeater Steps Optional travels to replace taps: Revolving doors and exit travels from lunges.

Learn to Teach Step – ODDs & EVENS Chart

CTs	ODDs	EVENS	Apply to:
	Tap downs		On AXT's, knees off end & basic turn steps. Originally used to change leads but to go "tap free", use an odd pattern to make the change. Read 'advanced choreography' for more about taps.
4		Tap Up & Tap Down - same lead	Used either off the end of the platform, side approach or from the front on a side approach.
4		Knee off end	AKA - 1/2 an L step, or "L-knee" Transitions to the end of the step approach
4	Knee home		Transition from the end of the step back to the front approach
	Exit – transition from an "on top" pattern or an "astride" pattern.	Exit – listed as either odd or even depending on if you travel or tap!	

Next - Getting Up & Down for Lunges
Last modified – 3/18/07

For the online version of this article, visit www.ginmiller.com
Or go to: [Learn to Teach Step – Odds & Evens Chart](#)

[Download choreography](#) on video from www.ginmiller.com – only .99 cents per combo!

- [Melissa Layne – Step](#)
- [Tara Grizzle – Step](#)
- [Gin Miller – Interval Step \(Simply Interval combos\)](#)
- [Mary Griffin – Step and Zig Zag Double Step](#)
- [Karen Tindal – Step, Ramping and Hi/Lo](#)
- [Pam Staver – Dance](#)
- [Val Phillips – Funk](#)
- [Karen Krasnov - Kickboxing](#)

Downloads are available in Windows Media (WMV) or Quicktime (m4v) formats for Macs and IPODs. It's easy to do – select format, click to order, and we send you keys to click and download. Save the files to your computer and you'll have them for reference when you need it!

It's a great way to learn and get new ideas and inspiration for your classes!